

**QUEER CAFÉ**

P R E S E N T S





# TRANSGENDER

Overview | Terminology | Information





**TRANS**  
**INFO**

# Sexual Identity

Physical elements of one's anatomy and biology

Medical assignment or label

Organs, genitals, hormones, chromosomes



# TRANS INFO

## Sexual Identity

Sex defines a person according to his or her physical self in terms of...

- Male
- Female
- Intersex



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## Gender Expression

**Gender is a sociological construct based on a person's tasks, functions, and roles in society**

**Gender is expressed through outward displays of oneself**

**Clothing, hairstyle, grooming, mannerisms, speech, gestures**



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## Gender Expression

Gender defines a person according to their public expression of...

- Masculinity (Butch)
- Femininity (Femme)
- Agender, Androgynous, Genderqueer, Gender Variant





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# Gender Identity

**Psychological understanding, perception, or concept of oneself**

**Ways in which an individual views him or herself internally**

**Ways in which a person feels about him or herself inside**



# TRANS INFO

## Gender Identity

Gender identity defines a person according to his or her psychological concept of...

- Man (Boy)
- Woman (Girl)
- Transgender



# TRANS INFO

## Transgender

**Persons whose gender identity and sexual identity do not align**

**Persons whose gender identity differs from their assigned sex**

**Persons whose inner feelings do not match their external body**



# Transgender

Person whose gender identity or gender expression is not congruent with the physical or sexual manifestations of their body

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# TRANS INFO

## Transgender

**Gender identity is not related to sexual orientation**

**Sexual orientation is an entirely separate issue**

**Sexual orientation is about who you are attracted to**





# TRANS INFO

## Dysphoria

**Gender dysphoria is the stress, discontent, and discomfort a person experiences regarding the mismatch of their sex and gender**

**Significant distress and impairment due to persistent incongruent feelings regarding one's sex and gender**



# Transsexual

**Outdated term used to describe transgender people who seek medical assistance to transition from one sex to another**

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**Person can be transgender regardless of their surgical status**





# TRANS INFO

## Transition

Process a transgender person undergoes when changing or their bodily appearance to be more congruent with their gender identity and in harmony with their gender expression

Transition may or may not include surgical procedure



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## Treatment

Clinical treatment for gender dysphoria includes...

- Psychotherapy
- Hormone Replacement Therapy (HRT)
- Sex Reassignment Surgery (SRS)



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## Surgery

**Sex Reassignment Surgery**

**Sex Realignment Surgery**

**Gender Reassignment Surgery**

**Gender Confirmation Surgery**

**Gender Affirming Surgery**

**Genital Reconstruction Surgery**





# Symbols

**Colors:**

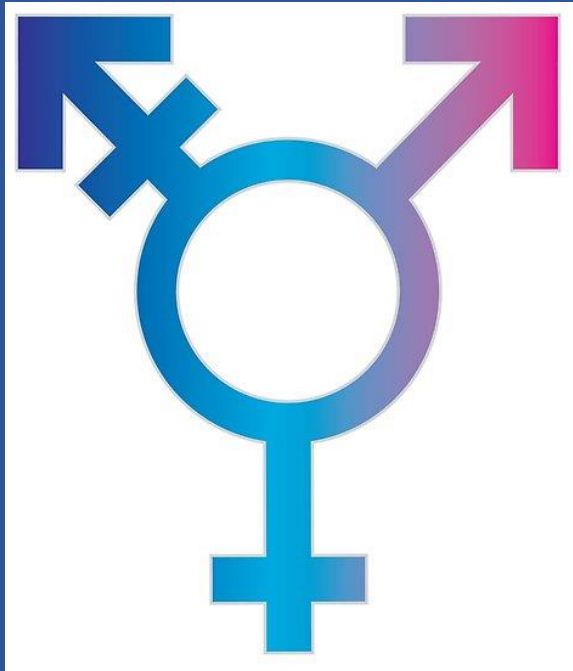
**Turquoise/Pink/White**

**Elements:**

**Combination Male/Female Symbols**

**Asterisk (Trans\*):**

**Inclusive Trans Umbrella**





# Terms

**Trans Man**

**Transgender Man  
Female to Male (FTM)**

**Trans Woman**

**Transgender Woman  
Male to Female (MTF)**



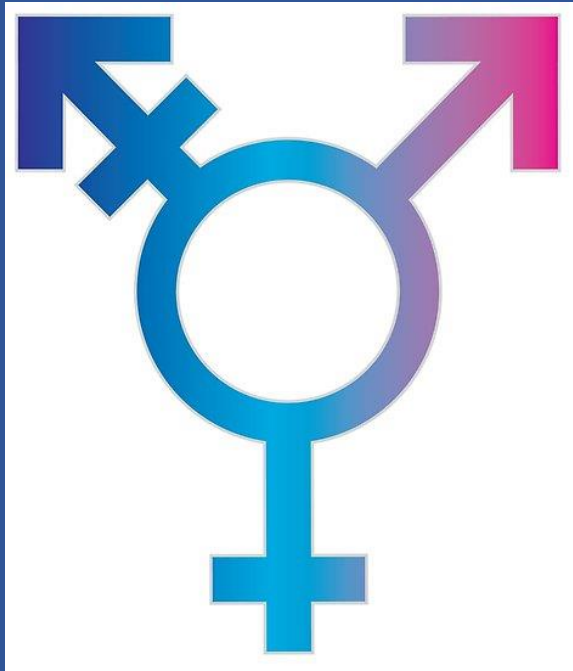


# Language

To display respect to and for transgender persons, avoid...



- Misgendering
- Deadnaming



# Language

**Deadnaming occurs when someone accidentally or intentionally refers to a transgender person by the name they used before they transitioned**

**Misgendering occurs when someone refers to a transgender person by the pronoun they used before they transitioned**





# Language

Preferred gender pronouns...



- He/Him/His
- She/Her/Hers
- They/Them/Their
- Zim/Zem/Zir

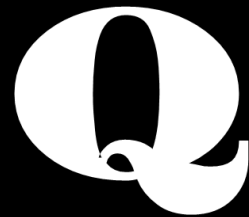


# Language

**It is inappropriate to talk about a transgender person's pre-operative or post-operative situation or surgical status**

**Person is still considered transgender whether they have undergone surgery or not**





QUEER CAFÉ | LGBTQ INFORMATION NETWORK

[www.queercafe.net](http://www.queercafe.net)