Sexual Identity

Physical elements of one’s anatomy and biology

Medical assignment or label

Organs, genitals, hormones, chromosomes
Sexual Identity

Sex defines a person according to his or her physical self in terms of...

- Male
- Female
- Intersex
Gender Expression

Gender is a sociological construct based on a person’s tasks, functions, and roles in society.

Gender is expressed through outward displays of oneself.

Clothing, hairstyle, grooming, mannerisms, speech, gestures.
Gender Expression

Gender defines a person according to their public expression of...

- Masculinity (Butch)
- Femininity (Femme)
- Agender, Androgynous, Genderqueer, Gender Variant
Gender Identity

Psychological understanding, perception, or concept of oneself.

Ways in which an individual views him or herself internally.

Ways in which a person feels about him or herself inside.
Gender Identity

Gender identity defines a person according to his or her psychological concept of...

- Man (Boy)
- Woman (Girl)
- Transgender
Transgender

Persons whose gender identity and sexual identity do not align

Persons whose gender identity differs from their assigned sex

Persons whose inner feelings do not match their external body
Transgender

Person whose gender identity or gender expression is not congruent with the physical or sexual manifestations of their body
Transgender

Gender identity is not related to sexual orientation

Sexual orientation is an entirely separate issue

Sexual orientation is about who you are attracted to
Dysphoria

Gender dysphoria is the stress, discontent, and discomfort a person experiences regarding the mismatch of their sex and gender. Significant distress and impairment due to persistent incongruent feelings regarding one’s sex and gender.
Transsexual

Outdated term used to describe transgender people who seek medical assistance to transition from one sex to another.

Person can be transgender regardless of their surgical status.
Transition

Process a transgender person undergoes when changing or their bodily appearance to be more congruent with their gender identity and in harmony with their gender expression.

Transition may or may not include surgical procedure.
Clinical treatment for gender dysphoria includes...

- Psychotherapy
- Hormone Replacement Therapy (HRT)
- Sex Reassignment Surgery (SRS)
Surgery

- Sex Reassignment Surgery
- Sex Realignment Surgery
- Gender Reassignment Surgery
- Gender Confirmation Surgery
- Gender Affirming Surgery
- Genital Reconstruction Surgery
Symbols

Colors:
Turquoise/Pink/White

Elements:
Combination Male/Female Symbols

Asterisk (Trans*):
Inclusive Trans Umbrella
Terms

Trans Man

Transgender Man
Female to Male (FTM)

Trans Woman

Transgender Woman
Male to Female (MTF)
Language

To display respect to and for transgender persons, avoid...

- Misgendering
- Deadnaming
Language

Deadnaming occurs when someone accidently or intentionally refers to a transgender person by the name they used before they transitioned.

Misgendering occurs when someone refers to a transgender person by the pronoun they used before they transitioned.
Language

Preferred gender pronouns...

- He/Him/His
- She/Her/Hers
- They/Them/Their
- Zim/Zem/Zir
Language

It is inappropriate to talk about a transgender person’s pre-operative or post-operative situation or surgical status.

Person is still considered transgender whether they have undergone surgery or not.