UNDERSTANDING
Sex and Gender
UNDERSTANDING
Sex and Gender

PHYSICAL
SOCIAL

PSYCHOLOGICAL
EMOTIONAL
PHYSICAL
PHYSICAL

PSYCHOLOGICAL
PHYSICAL
Biological Sex

PSYCHOLOGICAL
Gender Identity

SOCIAL
Gender Expression

EMOTIONAL
Sexual Orientation
BIOLOGICAL SEX
PHYSICAL
BIOLOGICAL SEX

PHYSICAL

Physical Elements
Physiology
Anatomy
Medical Assignment
BIOLOGICAL SEX

PHYSICAL

Bodily Features
Organs
Genitals
Hormones
Chromosomes
BIOLOGICAL SEX

PHYSICAL

Male (XX) → Female (XY)
BIOLOGICAL SEX

PHYSICAL

Male (XX)

Intersex
Hermaphrodite

Female (XY)
GENDER IDENTITY
PSYCHOLOGICAL
GENDER IDENTITY

PSYCHOLOGICAL

Psychological Perception
Self Concept
Inner View of Oneself
How One Feels Inside
GENDER IDENTITY
PSYCHOLOGICAL

Man (Boy)  Woman (Girl)
GENDER IDENTITY

PSYCHOLOGICAL

Man (Boy) ———— Gender Variant ———— Woman (Girl)

Two Spirit | Third Gender

Gender Fluid | Transgender
GENDER EXPRESSION
SOCIAL
GENDER EXPRESSION
SOCIAL

Social Construct
Outward Appearance
Societal Expectations
Roles | Behavior
Presentation to Others
GENDER EXPRESSION
SOCIAL
Clothing
Hairstyle
Grooming | Make-Up
Mannerisms
Speech Pattern
GENDER EXPRESSION
SOCIAL

Masculine (Butch)  Feminine (Femme)
GENDER EXPRESSION

SOCIAL

Masculine (Butch)  Agender  Feminine (Femme)

Genderless | Androgynous
SEXUAL ORIENTATION
EMOTIONAL
SEXUAL ORIENTATION
EMOTIONAL

Emotional Response
Romantic Attraction
Erotic Interaction
Sensual Affinity
Relationships
Love
SEXUAL ORIENTATION

EMOTIONAL

Heterosexual
(Straight)
Attracted to
Opposite Sex

Homosexual
(Gay|Lesbian)
Attracted to
Same Sex
SEXUAL ORIENTATION

Heterosexual
(Straight)
Attracted to Opposite Sex

Bisexual

Homosexual
(Gay|Lesbian)
Attracted to Same Sex

Pansexual | Polysexual | Asexual